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@Mpsmeals



- 1**
- Cheese or Pepperoni Pizza
  - Chicken Patty Sandwich
  - Ham & Cheese Sandwich
  - Fresh Spinach Salad
  - Grape Tomatoes

- 4**
- Chicken Patty Sandwich
  - Chicken Parmesan
  - MYO Flatbread Pizza
  - Italian Salad
  - Black Beans
  - Red Pepper Strips

- 5**
- Grilled Cheese <sup>v</sup>
  - Pizza Crunchers <sup>v</sup>
  - Pretzel Pack <sup>v</sup>
  - BBQ Chicken Wrap
  - Roasted Broccoli
  - Cucumber Coins

- 6** **Early Release**
- Hot Dogs
  - Ham and Cheese Sandwich
  - Roasted Carrots
  - Celery Sticks

- 7**
- Breakfast for Lunch
  - Muffin Pack <sup>v</sup>
  - Chicken Caesar Salad
  - Tater Tots
  - Grape Tomatoes

- 8**
- Cheese or Pepperoni Pizza
  - Chicken Nuggets W/Roll
  - All American Sandwich
  - Fresh Spinach Salad
  - Baby Carrots

- 11**
- Mozzarella Sticks <sup>v</sup>
  - Popcorn Chicken W/Roll
  - MYO Pizza Bagel <sup>v</sup>
  - All American Sandwich
  - Steamed Broccoli
  - Fresh Baby Carrots

- 12**
- Chicken Quesadilla
  - Spicy Chicken Patty Sandwich
  - Pretzel Pack <sup>v</sup>
  - Italian Wrap
  - Black Beans
  - Celery Sticks

- 13**
- Breakfast for Lunch
  - All American Sandwich
  - Chef Salad
  - Smiley Fries
  - Cucumber Coins

- 14**
- Chicken Tender W/Roll
  - Buffalo Chicken Flatbread
  - Muffin Pack <sup>v</sup>
  - Chicken Caesar Salad
  - Roasted Carrots
  - Fresh Broccoli

- 15** <sup>v</sup>
- Cheese or Pepperoni Pizza
  - Chicken Patty Sandwich
  - Ham & Cheese Sandwich
  - Fresh Spinach Salad
  - Grape Tomatoes

- 18**
- Corn Dogs
  - Chicken Nugget W/Roll
  - MYO Pizza Bagel <sup>v</sup>
  - Italian Wrap
  - Roasted Zucchini
  - Red Pepper Strips

- 19**
- Walking Taco
  - Chicken Tenders W/Breadstick
  - Pretzel Pack <sup>v</sup>
  - Turkey & Cheese Sandwich
  - Vegetarian Baked Beans
  - Fresh Baby Carrots

- 20**
- Breakfast for Lunch
  - BBQ Chicken Wrap
  - Chef Salad
  - Crinkle Cut Fries
  - Fresh Broccoli

- 21**
- Bacon Cheeseburger
  - Veggie Burger
  - Muffin Pack <sup>v</sup>
  - Chicken Caesar Salad
  - Smiley Fries
  - Grape Tomatoes

- 22** **Early Release**
- Hot Dogs
  - Ham and Cheese Sandwich
  - Roasted Carrots
  - Celery Sticks

**25**

**NO SCHOOL**

**26**

**ENJOY**

**27**

**WINTER**

**28**

**BREAK**

**29**

**NO SCHOOL**

**Served Daily:**

Sunbutter Sandwich with or without Jelly <sup>v</sup>  
**Vegetarian** <sup>v</sup>  
 All Meals include Entrée, Fruit, Vegetable and Milk

**Marlborough Public Schools**

**Breakfast and Lunch available to all at no cost!**

Food Service Director – Pamela Whelan  
 Food and Nutrition Office – 508-460-3500 x17403  
[pwhelan@mps-edu.org](mailto:pwhelan@mps-edu.org) – Menu is subject to change\*