



# Marlborough High School

November 2023

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Marlborough Food  
Service



1  
Penne Alfredo  
W/Chicken  
  
Steamed Broccoli  
Celery Sticks

2  
Grilled Cheese <sup>v</sup>  
Tomato Soup <sup>v</sup>  
  
Roasted Carrots  
Three Bean Salad

3  
Pizza Burger  
  
Green Beans  
Red Pepper Strips

6  
Garlic Popcorn  
Chicken W/ Lo  
Mein  
  
Steamed Broccoli  
Edamame Beans

7  
Professional  
Development  
**NO  
SCHOOL**

8  
Meatball Sub  
  
Roasted Green  
Beans  
Grape Tomatoes

9  
Pancakes  
Turkey Sausage  
  
Tater Tots  
Red Pepper Strips

10  
Veteran's Day  
**NO  
SCHOOL**

13  
Chicken  
Drumsticks  
Corn Muffin  
  
Vegetarian Baked  
Beans  
Red Pepper Strips

14  
Buffalo Chicken  
Mac & Cheese  
  
Roasted Carrots  
Fresh Broccoli

15  
General Tso's Beef  
W/Vegetables &  
Rice  
  
Roasted  
Cauliflower

16  
**Turkey Dinner  
W/All the Fixings**  
  
Mashed Potatoes

17  
Bacon, Egg, &  
Cheese Sandwich  
  
Waffle Cut Fries  
Fresh Baby Carrots  
Fresh Spinach

20  
Chicken Parm  
W/Penne  
  
Steamed Corn  
Fresh Broccoli

21 **Walking Taco  
Tuesday**  
W/ Cinnamon  
Churro  
  
Kickin Pinto Beans  
Red Pepper Strips

22  
**Thanksgiving  
Holiday Break**

23  
**Thanksgiving  
Holiday Break**

24  
**Thanksgiving  
Holiday Break**

27  
Corn Dogs  
  
Crinkle Cut Fries  
Grape Tomatoes

28 **National French  
Toast Day**  
Chicken Sausage  
Patty  
Tater Tots  
Fresh Baby Carrots

29  
Country Popcorn  
Chicken Bowl  
  
Corn  
Red Pepper Strips

30  
Chicken Quesadilla  
  
Black Beans  
Fresh Broccoli

### Served Daily

Assorted Fresh Fruits and Fresh Vegetables  
Choice of Ice Cold Milk-1%, Fat Free, or Fat Free Chocolate  
\*Lactaid Also Available  
Salad Bar <sup>v</sup>, MTO Deli and MTO Burrito Line Daily

\*Menu is subject to change

### Offered Daily

Fresh Hot Cheese and Pepperoni Pizza  
Cheeseburgers, Hamburgers, Veggie Burgers,  
Chicken Patty, Spicy Patty  
Fresh Assortment of Pre-Made Salads and Pre-  
Made Deli Sandwiches

This institution is an equal opportunity provider. \*Menu is subject to change\*

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