



# COMMUNITY RESOURCES

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## PSYCHOLOGICAL EMERGENCY SERVICES

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Framingham:	Advocates, Psychiatric Emergency Services (PES)
	354 Waverly Street
	508-872-3333 or 800-640-5432
Framingham	Metrowest Medical Center
	115 Lincoln Street
	508-650-7380
Westborough	Westborough Behavioral Healthcare Hospital
	300 Friberg Pkwy
	877-590-0416
	<a href="https://www.westboroughbehavioral.com/about/admissions">https://www.westboroughbehavioral.com/about/admissions</a>
Worcester	UMass Memorial Medical Center
	119 Belmont Street
	866-549-2142
	<a href="https://www.umassmemorialhealthcare.org/umass-memorial-medical-center/services-treatments/psychiatry/services-we-provide/emergency-mental-health">https://www.umassmemorialhealthcare.org/umass-memorial-medical-center/services-treatments/psychiatry/services-we-provide/emergency-mental-health</a>
Statewide	Emergency Services Program (Refers to Advocates)
	Mobile Crisis Intervention
	877-382-1609
Statewide	MassHealth Subscriber's Crisis Team
	800-981-4357

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## **MENTAL HEALTH COUNSELORS**

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### **Acton**

Life Management Associates  
289 Great Rd. Suite G1  
978-772-4457  
<https://www.lmaofharvard.com/>

Metrowest Behavioral Health Center/JRI  
380 Massachusetts Avenue  
978-264-3553  
<https://jri.org/services/behavioral-health-and-trauma/metrowest-bhc>

### **Belmont**

McLean Hospital  
115 Mill Street  
800-333-0338  
[www.mcleanhospital.org](http://www.mcleanhospital.org)

### **Bolton**

Leigh Tuttle, Ph.D.  
563 Main Street, #8  
978-779-0211

Cultivate Care Center  
401 Main Street  
978-618-1144  
<https://cultivatefarms.org/counseling>

### **Boston**

Boston Children's Hospital, Department of Psychiatry  
300 Longwood Avenue  
617-355-6680  
<http://www.childrenshospital.org/centers-and-services/departments/psychiatry>

CEDAR Clinic  
75 Fenwood Road, 5th Floor  
617-754-1223  
<https://www.cedarclinic.org/>

## **Brighton**

Franciscan Children's Hospital  
30 Warren Street  
617-254-3800  
<https://franciscanchildrens.org/>

## **Brookline**

The Therapy Center  
1581 Beacon Street  
617-277-3910  
<https://talk-therapy.org/>

## **Chestnut Hill**

Bournewood Hospital  
300 South Street  
617-469-0300  
<https://www.bournewood.com/>

## **Concord**

The Eliot Center at Concord  
86 Baker Ave Extension, Suite 100  
978-369-1113  
<http://www.eliotchs.org/services/outpatient-services/>

Emerson Hospital Behavioral Health  
133 Old Road to Nine Acre Corner  
978-369-1400  
<https://www.emersonhospital.org/clinical-services/behavioral-health>

## **Framingham**

Acadia Behavioral Health  
463 Worcester Road Suite 407  
508-665-5900  
<https://acadiabehavioralhealth.com/>

Advocates Community Counseling  
354 Waverly Street  
508-661-2020  
<https://www.advocates.org/>

Collaborative Mental Health Services, Inc.  
264 Union Avenue  
508-309-4754  
[www.collaborativementalhealth.com](http://www.collaborativementalhealth.com)

Family Development Associates  
40 Speen St., Suite #106  
508-877-3660  
<http://familydevelopmentassociates.com/>

Framingham Center for Healing  
50 Lexington Street, #2  
508-561-4966  
<http://www.framinghamcenterforhealing.com/>

Framingham Psychiatric Counseling Services  
63 Fountain St # 402  
508-872-4813

The Key Program, Inc.  
670 Old Connecticut Path  
508-877-3690  
[www.key.org](http://www.key.org)

Metrowest Counseling Associates  
600 Worcester Rd #201  
508- 875-1110  
<http://www.metrowestcounseling.com/>

New Hope Counseling and Neurofeedback  
1071 Worcester Rd #43  
508-626-1330  
<http://www.newhopecounselingonline.com/>

Psychological Care Associates  
125 Newbury Street  
781-646-0500  
<https://psycare.info/>

Scott Cohen Associates  
1 Granite Street  
508-872-1010

SMOC Behavioral Health  
300 Howard Street  
508-879-2250  
<https://www.smoc.org/behavioral-health-services.php>

Wayside Youth & Family Support Network  
1 Frederick Abbott Way  
508-879-9800  
<https://www.waysideyouth.org/>

### **Hudson**

Ann Vasey, LMHC, LMFT (EMDR)  
34 Pope Street  
978-562-3823

### **Harvard**

Thomas Weiss, MD  
Life Management Associates  
257 Ayer Road  
978-772-4457 ext.402

### **Lexington**

Eliot Community Human Services  
125 Hartwell Avenue  
781-861-0890  
<http://www.eliotchs.org/>

### **Marlborough**

Advocates Community Counseling  
340 Maple Street, Suite 400  
508-485-9300  
<https://www.advocates.org/>

Julie Casella, MA, LMHC  
929 Boston Post Road East  
617-340-8739  
<https://www.psychologytoday.com/us/therapists/julie-casella-marlborough-ma/308479>

Anne Catalano, MA, LMHC, SAC  
929 Boston Post Road East  
<https://www.psychologytoday.com/us/therapists/anne-catalano-marlborough-ma/343239>

Cheryl Desautels, MA  
Victoria Building, 277 Main Street, Suite 207  
774-249-5584  
<http://www.cheryldesautels.org/>

Debora Franco, LMHC  
40 Mechanic Street, Suite 303  
774-225-1410  
<https://www.psychologytoday.com/us/therapists/debora-franco-marlborough-ma/251150>

Michelle Klotz, MA, LMHC, SAC  
Central Mass Counseling  
929 Boston Post Road  
978-919-4542

<https://www.psychologytoday.com/us/therapists/michelle-klotz-marlborough-ma/104995>

Shelley Lyons, MA, LMHC  
289 Elm Street, Suite 203  
508-692-9169

<https://www.psychologytoday.com/us/therapists/shelley-lyons-marlborough-ma/151465>

Mental Health Affiliates  
221 Boston Post Road East  
508-460-9633  
[www.mentalhealthaffiliates.com](http://www.mentalhealthaffiliates.com)

Alyssa Pacific, LICSW  
40 Mechanic Street, Suite 307  
781-264-1441  
<https://www.alyssapacificlicsw.com/>

SMOC Behavioral Healthcare  
230 Maple Street  
508-480-0092  
<https://www.smoc.org/behavioral-health-services.php>

Elisa Swieg  
10 Cook Lane  
774-571-1897  
<https://www.psychologytoday.com/us/therapists/elisa-sweig-marlborough-ma/196411>

Grace Terrazas, LICSW  
Alivio Wellness Center  
277 Main Street, Suite 6  
339-666-6602  
<https://www.psychologytoday.com/us/therapists/grace-terrazas-marlborough-ma/318327>

## **Milford**

Wayside Youth & Family Support Network  
10 Asylum Street  
508-478-6888  
<https://www.waysideyouth.org/>

## **Natick**

DCS Mental Health  
251 W Central St Suite 25  
508-653-4820  
<http://www.dcsmentalhealth.com/>

Leonard Morse Hospital  
67 Union Street  
508-650-7000  
<https://www.mwmc.com/services/behavioral-health>

## **Northborough**

Confident Counseling  
30 North Main Street  
508-475-9018 ext. 1  
<https://www.confidentcounseling.com/>

E.N. Psychotherapy LLC  
300 West Main Street  
888-336-9473  
[enpsychotherapy.com](http://enpsychotherapy.com)

Glenn R. Kessler, Ph.D.  
Kessler Psychological Associates  
20 Main Street 508-393-9899  
Lisa Kamean-Silva, Psy.D.  
300 West Main Street  
508-393-4270  
<http://www.drkameansilva.com/>

Lizbeth Gustavson, LMHC  
300 W Main St Ste 202  
508-393-7662

Northboro Psychiatric Associates  
112 Main Street  
508-393-7223

## **Southborough**

Southborough Reliant Medical Group  
24-28 Newton Street  
508-481-5500  
<https://reliantmedicalgroup.org/medical-services/behavioral-health/>



## **Sudbury**

Counseling Collaborative  
323 Boston Post Road, Unit 4C  
978-443-8707 ext.8  
<https://www.counselingcollaborative.com/>

Thomas Gerbe, Ph.D.  
323 Boston Post Rd # 1  
978-440-9404

Morse-Rosenbaum Counseling  
321 Boston Post Rd. Ste 2  
978-443-0998  
<https://www.counselingandconsultation.com/>

Kimberly Snow, LICSW  
43 Saxony Drive  
978-518-0825

Wayside Counseling Associates  
327 Boston Post Rd  
978-443-4262

## **Westborough**

Agents of Change Counseling  
45 Lyman Street, Suite 20  
508-366-2300  
<http://agentsofchangecounseling.com/>

Assabet Valley Pastoral Counseling Center  
7 Church Street  
508-366-4000  
<https://www.pccofma.org/>

Castlebrook Counseling Services  
24 Lyman Street, Suite 200  
508-475-9110  
<http://castlebrookcounseling.com/index.html>

Keith Levy, MD  
Psychiatric and Family Counseling  
5 East Main Street  
508-366-0342

Staffier Associates  
57 E Main Street, #200  
508-366-0406

## **Worcester**

Arbour Counseling Services  
411 Chandler Street  
508-799-0688  
<https://arbourhealth.com/>

The Attachment Institute of New England (EMDR)  
21 Cedar Street  
508-799-2663  
<http://www.attachmentnewengland.com/website/index.html>

Centro  
11 Sycamore Street  
508-798-1900  
<http://www.centroinc.org/>

Edward M Kennedy Community Health Center  
19 Tacoma Street  
800-853-2288  
<https://www.kennedychc.org/services/mental-health-social-services>

Open Sky Community Services  
4 Mann Street  
508-755-0333  
<https://www.openskycs.org/services/mental-health-services/index.html>

UMass Memorial Medical Center  
55 Lake Avenue  
508-334-1000  
<https://www.umassmemorialhealthcare.org/umass-memorial-medical-center/services-treatments/psychiatry>

YOU Inc Counseling Center  
81 Plantation Street  
855-496-8462  
<https://www.youinc.org/services/counseling/counseling-centers/worcester/>

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## **SUBSTANCE ABUSE RESOURCES**

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### **Substance Use Evaluation:**

#### **Concord**

##### **Addiction Rehabilitation Programs**

Emerson Main Campus

133 Old Road to Nine

978-287-3510 Inpatient/Emergency Services

978-287-3520 Addiction Services

#### **Framingham**

##### **Genesis Community Counseling Services**

24 Union Avenue, Suite 11

508-620-2992

Teen Talk, Counseling and Youth Substance Abuse Program – three session evaluation/education program

### **Outpatient Counseling for Substance Abuse:**

#### **Framingham**

Spectrum Health Services

68 Franklin Street

508-875-5801

<https://www.spectrumhealthsystems.org/locations/framingham-ma/141>

#### **Milford**

Spectrum Health Services

200 East Main Street

(508) 634-1877

<https://www.spectrumhealthsystems.org/locations/milford-ma/146>

#### **Westborough**

Spectrum Health Services

153 Oak Street

877-697-3422

<https://www.spectrumhealthsystems.org/locations/westborough-ma/152>

## **Worcester**

ADCARE Hospital Of Worcester, Inc.  
107 Lincoln St.  
(508) 799-9000

[https://adcare.com/locations/adcare-hospital/?utm\\_source=google&utm\\_medium=organic&utm\\_campaign=local](https://adcare.com/locations/adcare-hospital/?utm_source=google&utm_medium=organic&utm_campaign=local)

Washburn House  
1183 Main Street  
(860) 324-9313

<https://www.washburnhouse.com/>

Community Healthlink - Thayer Detox  
12 Queen St.  
(508) 860-1000

Motivating Youth Recovery (MYR)  
26 Queen St.  
(508) 860-1244

Spectrum Health Systems, Inc.  
585 Lincoln St.  
(508) 831-0045

<https://www.spectrumhealthsystems.org/locations/worcester-ma/155>

Spectrum Outpatient Services, Inc.  
105 Merrick St.  
(508) 797-6100

<https://www.spectrumhealthsystems.org/locations/worcester-ma/154>

## **Substance Abuse Support Meetings:**

Alanon/Alateen  
<https://al-anon.org/>

Alcoholics Anonymous  
617-426-9444  
<https://www.aa.org/>

Marijuana Anonymous  
<https://marijuana-anonymous.org/>

## **Rehabilitation/Sober Living:**

### **Marlborough**

Prana Recovery Center  
82 Brigham Street  
(978) 580-0631  
<https://www.pranarecoverycenters.org/>

The Recovery Connection  
31 Main Street  
508-485-0298  
<http://www.therecoveryconnection.org/contact-us.html>

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## **HOUSING RESOURCES**

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### **Prevention:**

#### **Framingham**

##### **Department of Transitional Assistance**

Family Shelter Emergency Assistance  
Department of Housing and Community Development (DHCD)  
300 Howard Street  
Framingham, MA 01702  
508-661-6600  
<https://www.mass.gov/orgs/housing-and-community-development>

Overview: The Department of Housing and Community Development (DHCD) oversees family homeless prevention, diversion, supported family shelter and stabilized re-housing services. A DHCD Homeless Coordinator is on site.

##### **Tempo Young Adult Resource Center**

68 Henry Street  
Framingham, MA 01702  
508-879-1424  
<http://tempoyoungadults.org/>

Hours: Monday: 8:00AM-2:00PM  
Tuesday: 8:00AM-4:00PM  
Wednesday: 8:00AM-8:00PM  
Thursday: 8:00AM-5:00PM  
Friday: 10:00AM-4:00PM

Overview: Tempo provides information about services available to adolescents and young adults in areas including food, shelter, medical/health insurance, employment and education services.

## **Marlborough**

### **The Housing Consumer Education Center (HCEC)**

Marlborough Human Services

255 Main St, Suite 113

Marlborough, MA 01752

508-460-3758

<https://www.smoc.org/housing-consumer-education-center.php>

Hours: Monday-Friday 9am to 1:30pm (Walk in clients are welcome.)

Overview: The Home Center provides a variety of services for **homeless individuals and families along with individuals and families facing eviction who are not eligible for DTA services**. This service is provided through information and referral, individual counseling, workshops, and seminars.

## **Worcester**

### **Open Sky Community Services**

Aggressive Treatment and Relapse Prevention (ATARP)

4 Mann Street

Worcester, MA 01602

508-755-0333

<https://www.openskycs.org/services/housing-and-homelessness-services.html>

Overview: A Housing First program to help **individuals who have co-occurring mental health challenges and substance use disorders**. The program includes assistance in locating housing, housing subsidies, treatment services, assistance with benefits, access to medical care, wraparound supports to help individuals be successful in the community, assistance with employment and education and other supports as needed. Referral through the Massachusetts Department of Mental Health is required.

## **Emergency Shelters:**

### **Ashland**

#### **Shadows Shelter for Women**

South Middlesex Opportunity Council (SMOC)

25 Central Street

Ashland, MA 01721

(508) 231-8710

<https://www.smoc.org/shadows.php>

Overview: Shadows provides emergency **sober housing/shelter for up to 10 single women**. It is linked to SMOC's continuum of housing and services through the CGRC. Women at Shadows are eligible for employment and housing search services, mental health and substance abuse services and more.

## Framingham

### **Common Ground Resource Shelter (CGRC)**

South Middlesex Opportunity Council (SMOC)

The Opportunity Center

7 Bishop Street

Framingham, MA 01702

(508) 620-2690

<http://www.smoc.org/common-ground-resource-center.php>

Overview: This shelter provides emergency, **sober housing for single individuals**. The CGRC is the hub of SMOC's housing and shelter services for single adults in Metrowest. CGRC provides a single entry point into all of SMOC's emergency, transitional and sober housing for single, homeless adults who are drug free and sober at admission.

### **Pathways Family Shelter**

South Middlesex Opportunity Council (SMOC)

300 Howard Street

Framingham, MA 01702

(508) 879-5047

<http://www.smoc.org/pathways.php>

Overview: Pathways Family Shelter is a fourteen family congregate **shelter for homeless families**. It is staffed 24 hours a day. Parents and children share one private bedroom. They share the rest of the common spaces such as the kitchen, dining room, living room, and bathrooms with the rest of the families.

Eligibility Requirements: Homeless Families must contact their local Department of Transitional Assistance (DTA) office to be determined Emergency Assistance Eligible (EA Eligible). The DTA reviews a family's reason for becoming homeless, income, assets, and citizenship. Please refer to the below link to DTA for more information regarding eligibility. Once eligible the local DTA office will refer the family to the SMOC Intake Coordinator who then interviews and places the family in the next available appropriate shelter opening.

### **Scattered Sites Family Shelter**

South Middlesex Opportunity Council (SMOC)

7 Bishop Street

Framingham, MA 01702

(508) 872-4853

<https://www.smoc.org/scattered-sites.php>

Overview: Scattered Site Family Shelter has 40 units for homeless families. Scattered Sites Family Shelter is generally used for **homeless families with severe medical issues, families with older children or many children**. Families placed in Scattered Sites are expected to have a high level of self – sufficiency such as being employed, or enrolled in an educational or training program. Program staff assist families in acquiring permanent, affordable housing, as well as medical, education, vocational, and social services.

Eligibility Requirements: Homeless Families must contact their local Department of Transitional Assistance (DTA) office to be determined Emergency Assistance Eligible (EA Eligible). The DTA reviews a family's reason for becoming homeless, income, assets, and citizenship. Please refer to the below link to DTA for more information regarding eligibility. Once eligible the local DTA office will refer the family to the SMOC Intake Coordinator whom then interviews and places the family in the next available appropriate shelter opening.

### **Turning Point Shelter**

South Middlesex Opportunity Council (SMOC)

3 Merchant Road

Framingham, MA 01701

508-875-6429

<https://www.smoc.org/turning-point.php>

Overview: Turning Point is an 18 bed emergency shelter program for **single adult men in need of sober living/transitional housing**. The program also began a housing component this year with 10 beds on the second floor set aside as transitional housing for folks not quite ready for Sober Housing.



## **Marlborough**

### **Roland's House**

South Middlesex Opportunity Council (SMOC)

57 Mechanic Street

Marlborough, MA 01752

(508)481-7847

<http://smoc.org/marlboro-shelter.php>

Overview: Roland's House is a **temporary sober living emergency shelter serving up to 18 unaccompanied adult males**. It is part of SMOC's continuum of housing and services through the Common Ground Resource Center. Guests are eligible for employment and housing search services, mental health and substance abuse services and more.

## **Medway**

### **Medway Family Shelter**

South Middlesex Opportunity Council (SMOC)

17 Holliston Street

Medway, MA 02053

(508) 533-1487

<https://www.smoc.org/medway-house.php>

Overview: Medway Family Shelter is a **12 family congregate shelter for homeless families**. It is staffed 24 hours a day. Parents and children share one private bedroom. They share the rest of the common spaces such as the kitchen, dining room, living room, and bathrooms with the rest of the families. Staff assists families in acquiring permanent, affordable housing, as well as medical, education, vocational, and social services and referrals.

Eligibility Requirements: Homeless Families must contact their local Department of Transitional Assistance (DTA) office to be determined Emergency Assistance Eligible (EA Eligible).

## **Natick**

Family Promise of Metrowest (Family Shelter)

13 Common Street

Natick, MA 01760

(508) 318-4820

<http://familypromisemetrowest.org/how.html>

Overview: This shelter offers **temporary housing for homeless families**.

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## **FOOD PANTRIES**

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### **Hudson**

Hudson Community Food Pantry  
28 Houghton Street  
Hours: Tuesdays: 9:00 AM – 10:30 AM  
          Saturdays: 9:00 AM – 10:30 AM  
          First Thursday of the month: 7:00 PM – 8:30 PM

### **Marlborough**

Marlborough Community Cupboard  
255 Main Street, Rm.113  
508-481-4080  
<https://www.uwotc.org/MCC>  
Hours: Monday, Wednesday and Friday 9am-1pm; Additional hours Weds 5pm-7pm

Our Fathers Table  
First Baptist Church  
Monument Square  
508-485-3450  
Hours: Monday, Tuesday, and Thursday 5 – 6 PM

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## **ADDITIONAL RESOURCES**

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### **Afterschool Programs and Child Care:**

#### **Framingham**

Kidsborough Before & After School Program  
64 Pleasant Street  
508-630-4216  
[www.kidsborough.com](http://www.kidsborough.com)

SMOC Childcare  
12 Roxanna Street  
508-620-2373  
<https://www.smoc.org/child-care.php>

#### **Marlborough**

Boys & Girls Club  
169 Pleasant Street  
508-485-4912

## **Community Services:**

### **Marlborough**

Board of Health  
140 Main Street – Lower Level  
508-460-3751

City of Marlborough, Office of Human Services  
225 Main Street, Rm 113  
508-460-3758

City of Marlborough, Housing Office  
240 Main Street  
508-624-6908

Employment Options  
82 Brigham Street  
508-485-5051

Marlborough Resource Center  
133 East Main Street, Rm 203  
508-460-9699

### **LGBTQ:**

#### **Cambridge**

Mae Bright Group (Transgender)  
57 Jackson Street  
617- 800-9802  
<https://www.maebright.com/>

#### **Framingham**

OUT Metrowest  
929 Worcester Road  
<https://outmetrowest.org/>

#### **Worcester**

SAFE HOMES  
4 Mann Street  
508- 755-0333  
<http://www.safehomesma.org/>

## **Pregnancy/Parenting:**

### **Framingham**

Healthy Families  
665 Franklin Street  
508-879-1726

<https://www.criterionchild.com/index.php/programs/newborn-home-visiting>

### **Marlborough**

Birthright  
277 Main Street  
508-481-2055  
Helpline: 800-550-4900  
<https://birthright.org/>

Planned Parenthood  
91 Main Street, Suite. 103  
800-258-4448  
[https://www.plannedparenthood.org/health-center/massachusetts/marlborough/01752/metro-west-health-center-3951-90610?utm\\_campaign=marlborough-health-center&utm\\_medium=organic&utm\\_source=local-listing](https://www.plannedparenthood.org/health-center/massachusetts/marlborough/01752/metro-west-health-center-3951-90610?utm_campaign=marlborough-health-center&utm_medium=organic&utm_source=local-listing)

### **Milford**

Healthy Families  
409 Fortune Blvd.Suite 203  
508-482-5939  
<https://www.criterionchild.com/index.php/programs/newborn-home-visiting>

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## **HOTLINES/HELPLINES**

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### **Domestic Violence:**

#### **The Network/La Red**

1-800-832-1901

The Network/La Red hotline provides support, information, and safety planning to anyone in the LGBTQ community who are being abused, or have been abused, by a partner. The hotline is also open to friends and family, as well as others who work on domestic violence issues in the LGBTQ community. The hotline is available 24/7.

#### **New Hope, Inc**

1-800-323-4673

New Hope, Inc. has a 24/7 hotline available to anyone who is a survivor of domestic violence or sexual violence. New Hope primarily serves Central and Southeaster Massachusetts.

**Voices Against Violence**

1-800-593-1125 or 508-626-8686 (TTY-friendly)

**SafeLink**

1-877-785-2020

TTY: 1-877-521-2601

SafeLink is for anyone who is being affected by domestic violence or dating violence. Volunteers at SafeLink speak English and Spanish, and SafeLink also has a service that can provide translation in more than 130 languages.

**LGBTQ:**

**National LGBTQ Hotline**

888-THE-GLNH (843-4564)

**National LGBTQ Youth Hotline**

800-246-7743

**Mental Health Services:**

**SAMHSA (Substance Abuse and Mental Health Services Administration)**

1-800-662-HELP (4357)

TTY: 1-800-487-4889

[www.samhsa.gov/find-help/national-helpline](http://www.samhsa.gov/find-help/national-helpline)

Also known as, the Treatment Referral Routing Service, this Helpline provides 24-hour free and confidential treatment referral and information about mental and/or substance use disorders, prevention, and recovery in English and Spanish.

**United Way Resource Helpline**

Dial or Text 2-1-1

**Rape/Sexual Assault:**

**Boston Area Rape Crisis Center**

1-800-841-8371

TTY: 1-800-439-2370 (ask for the hotline)

The Boston Area Rape Crisis Center has a 24/7 hotline for survivors of sexual violence ages 12 or older. The hotline is also available to survivors' friends and families, as well as other professionals.

**National Sexual Assault Telephone Hotline**

800-656-HOPE (4673)

**Voices Against Violence**

1-800-593-1125 or 508-626-8686 (TTY-friendly)

**Runaways:**

**National Runaway Safeline**

1-800-786-2929

The National Runaway Safeline helps youth who have run away, are thinking about running away, or who already ran away but are ready to come home. Parents and guardians can also contact the hotline if they are worried about their child running away or if their child has already left home. The hotline is available 24 hours a day, seven days a week. Youth, parents, and guardians can also use the online chat feature on the Runaway Safeline's website to ask for help and get support, or can send a text to 66008.

**Substance Use:**

**MA Substance Use Hotline**

800-327-5050

MA Relay 711

[helplinema.org](http://helplinema.org)

**Suicide Prevention:**

**National Suicide Prevention Lifeline**

1-800-273-TALK (8255)

TTY: 1-800-799-4889

[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

24-hour, toll-free, confidential suicide prevention hotline available to anyone in suicidal crisis or emotional distress. Your call is routed to the nearest crisis center in the national network of more than 150 crisis centers.

**Samaritans Statewide Helpline (Massachusetts)**

(877) 870-4673

**Samariteens Hotline**

1-800-252-TEEN

1-800-252-8336

3pm-9pm Teen to Teen

9pm-3pm Adult to Teen

## **The Trevor Project**

1-866-488-7386

The Trevor Project is a 24/7 crisis intervention and suicide prevention hotline for LGBTQ youth. Youth can also text "Trevor" to 1-202-304-1200 for support, or use the online chat feature on the Trevor Project's website.

TrevorText is available Monday-Friday between 3-10PM. TrevorChat is available seven days a week between 3-10PM.

## **Pediatric Resources:**

Edward M. Kennedy Community Health Center

1-800-853-2288

info@kennedychc.org

Three locations:

19 Tacoma Street, Worcester, MA 01605

354 Waverly Street, Framingham, MA 01702

42 Cape road, Milford, MA 01757

Bolton Street Pediatrics

320 Bolton Street, Marlborough, MA 01752

508-460-9670

Southborough Pediatrics

24-28 Newton Street, Southborough, MA 01772

508-460-3100

508-460-3180 (fax)

relantmedicalgroup.org