

HEALTH SERVICES REFERRAL INFORMATION

This resource list is designed for students, staff and parents to access physical and mental health services. Information is provided on support services offered at Marlborough Schools as well as national/local community organizations. Services are listed alphabetically according to specific health related issue. Feel free to contact any of the following who would be able to address and/or redirect any problems or concerns you may have.

Marlborough High School **Contact Information**

Name	Title	Email Address	Phone Extension
Carrick Rogers	Guidance Coordinator	crogers@mps-edu.org	7384
Erika Johnson	Guidance Counselor	ejohnson@mps-edu.org	7385
Sam Wheeler	Guidance Counselor	swheeler@mps-edu.org	7386
Amy Wayman	Guidance Counselor	awayman@mps-edu.org	7381
Jill Berson	School Adjustment Counselor	jberson@mps-edu.org	7830
Courney Lamb	School Nurse	clamb@mps-edu.org	7204
Jordan Mikula	School Nurse	Jmikula@mps-edu.org	7204
Michelle Smith Packard	School Adjustment Counselor	msmithpackard@mps-edu.org	7260
Gorette Wilson	School Adjustment Counselor	gwilson@mps-edu.org	7259
Jenifer Zannoni	School Adjustment Counselor	Jzannoni@mps-edu.org	
Rachel Burns	School Adjustment Counselor	rburns@mps-edu.org	

LOCAL/NATIONAL COMMUNITY HEALTH SERVICES

ALCOHOL & SUBSTANCE ABUSE:

Addictions Referral Center
33 Main Street, Marlborough
(508)-485-HELP (508-485-4357)

Advocates Community Counseling (Substance Abuse Services)

340 Maple Street, Marlborough

(508)-485-9300

www.advocatesinc.org

ALCOHOLICS ANONYMOUS

Worcester Office:

100 Grove Street, Worcester 01505

(508)-752-9000

ALA-TEEN

Ala-Teen is a group to help young people, whose lives have been affected by alcoholism in a family member or friend, understand how alcoholism affects the lives of all associated with problem drinkers.

(508)-366-0556

www.ma-al-anon-alateen.org

CRISIS INTERVENTION SERVICES

Domestic Violence Hot Line

(800)-799-SAFE, (800)-799-7233)

SUICIDE

National Suicide Hotline

(800)-SUICIDE (800-784-2433)

(800)-273-TALK (800-273-8255)

Samaritans Suicide Prevention

(617)-247-0220

(508)-875-4500

(877)-870-HOPE (877-870-4673)

www.samaritanshope.org

Samariteens

For TEENS only, 3pm-9pm Teen to Teen, 9pm-3pm Adult to Teen

(800)-252-TEEN (800-252-8336)