



Marlborough Public Schools

*School Wellness Advisory Council/Marlborough Public Schools
District Education Center 17 Washington Street, Marlborough, MA 01752
Phone (508) 460-3500, ext. 7200 • Fax (508) 460-3501*

Healthy Fund Raising

School fund raising activities should support healthy lifestyles. Thus, schools should use healthy food fund raisers, nonfood fund raisers, and physical activity fund raisers. Foods that do not comply with the MA School Nutrition Bill guidelines are not allowed to be sold during the school day, including 30 before school begins and 30 minutes after school ends.

Healthy fund raising options

The following is a list of options for healthy fund raisers in schools. It is by no means a complete list; many additional ideas for healthy fund raising exist.

Fund raisers that support academics

- Read-a-thon
- Science fair
- Spelling bee

Fund raisers that support the arts

- Art show
- Concerts
- Dances
- Plays and musicals
- Talent show
- Singing telegrams
- Rent-a-band, rent-a-choir or rent-a-music-group



Fund raisers that support physical activity

- Walk-a-thon/ Bike-a-thon/Jump-rope-a-thon
- 5 mile run/walk or another fun run
- Golf, tennis, horseshoe, or other sports tournament
- Bowling or skate night
- Sports camps or clinics

Activities to raise funds

- Garage sale
- Auction or silent auction
- Carnival or festival
- Rent-a-teen or rent-a-kid
- Car wash
- Haunted house
- Penny war
- Recycling drive
- Karaoke competition





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Items to sell other than food

- Candles
- Gift wrap, boxes and bags
- Gift items or gift certificates
- Community coupon books
- Cookbooks
- T-shirts and sweatshirts
- Calendars
- First aid kits/Emergency kits for cars
- School spirit gear
- Plants, flowers, poinsettias, and seeds
- Coffee cups and mugs
- License plate holders with the school logo
- Picnic baskets
- Rent a special parking space
- Greeting cards
- Brick, stone or tile memorials
- Spirit, seasonal, state or U.S. flags
- Scarves or stocking caps
- Holiday ornaments
- Bumper stickers
- School flying disks
- Rent a special parking space



Where can I find more information about healthy fund raisers?

For more information about implementing healthy fund raisers in your school, check out these Web sites:

- www.healthy-fundraising.org/
- www.partnersforhealthykids.com/

