

School Wellness Advisory Committee
9:30 am-10:30 am
Wednesday, February 12, 2020 – Agenda
STEM Conference Room at MHS

Attendees: Todd Turcotte, Gorete Wilson, Michelle Smith-Packard, Jennifer White, Jillian Morin, Dave Hackett, John Fletcher, Lou Turieo, Michelle Bodin-Hettinger, Patty Moran, Ryan Braswell, Lynne Medailleu, Michelle Blair Julie Dalbec, Mary Zakrzewski, Jenna Janson, students: Sarah Orentlich, Amy MacGlashing, and Cynthia Pascarelli, Erika Cannavino, Jennifer White, Jill Berson, Daisy Reis, Karen Rivera, Lindsay Castro, Christine Hilditch.

Facilitator: Mary Zakrzewski
Note taker: Todd Turcotte

Meeting Norms:

- ✓ **Assume positive intentions:** Feedback & challenges are offered for good of team. Consider all POVs offered. Problem-solving mindset.
- ✓ **Take an inquiry stance:** Strive to understand without prejudgment. OK to play devil's advocate when announced and in transparency.
- ✓ **Advance the conversation:** Offer commentary that summarizes previous contributions and builds upon it.
- ✓ **Ground statements in evidence:** Fewer "I believe" statements. Fewer "gut feelings." Careful of facts = own on both sides.
- ✓ **Stick with protocols:** Agenda prior to the meeting; summarize; be prepared
- ✓ **Begin and end on time:** Shows trust & respect for fellow team members. Let facilitator know if you will be late or unable to attend.
- ✓ **Be here now:** Leave bag of problems at door; pick it up when you leave. No texting, email during meeting. Laptops up only for note-taking/present work. Phones on vibrate
- ✓ **One message:** Clarity, action steps, commitment when we adjourn.

Meeting objectives:

- Make headway on topics brought forth for clarity

Time	Minutes	Activity
9:30	10	<u>Welcome and Introductions</u>
		<u>Recruitment:</u>
9:40	10	<u>Community Connections Updates:</u>
		* "Boys and Girls Club -
		* Healthy Families Network -Gorete
		* Marlborough Alliance for Prevention – Mary/Michelle
		* Food Services-Jenna
	30	<u>Focus Goal areas:</u>
		Vaping education – SYFS- Michelle SP
		Mental Health Issues- <i>"Mental Health Days"-an excused absence</i> – Michelle BH
		Family Diversity Project- Mary
		Chris Sullivan- Todd
		Kevin Hill MD. Presentation- Michelle SP

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Other/ Suggestions: Student representatives

10:30

Adjourn:

Next Meeting: **April 8, 2020**