



Marlborough Public Schools

Health Services

Dear Parents and Guardians,

We are aware that the Centers for Disease Control and Prevention (CDC) has dropped the five-day isolation requirement for a positive COVID-19 test. I'm taking the opportunity to let you know that in Massachusetts the following guidance is still in effect per the Department of Elementary and Secondary Education (DESE) and the Massachusetts Department of Public Health School Health Services:

Children and staff who test positive must isolate for at least 5 days. If they are asymptomatic or symptoms are resolving and they have been fever-free without the use of fever-reducing medicine for 24 hours, they may return to programming after Day 5 and should wear a high-quality mask through Day 10:

- If the individual is able to mask, they must do so through Day 10.
- If the individual has a negative test on Day 5 or later, they do not need to mask.
- If the individual is unable to mask, they may return to programming with a negative test on Day 5 or later.

Please see the [Massachusetts COVID-19 Isolation and Exposure Guidance for Children and Staff in Child Care, K-12, Out-of-School Time \(OST\) and Recreational Camp/Program Settings.](#)

We'll notify you when any updates to the COVID-19 guidelines in Massachusetts become available.

Sincerely,

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